



HIGHLANDS

SENIOR LIVING & HOME HELPERS

JULY 2026
NEWSLETTER



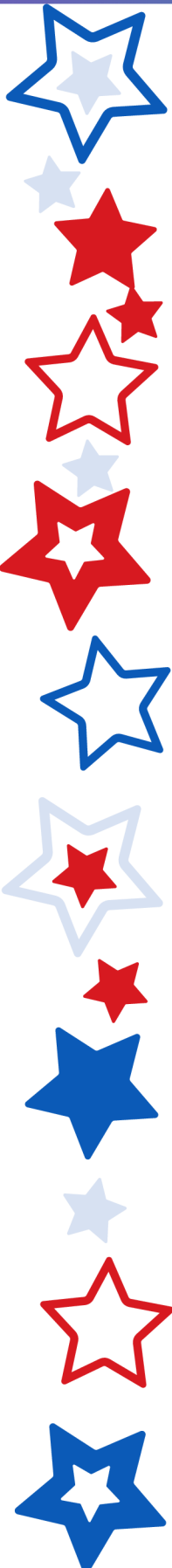
Here's what has happened in the last month and what's to come!

We have loved seeing our community bloom over the past month! We've added even more upgrades to our back patio, including a brand-new sun canopy and lush new plants. We also trimmed a tree in the area, creating a safer, more open space for everyone to stroll and relax.

Our doors remain wide open to friends and family, and we've loved sharing that time with you! Recent community highlights included a pampering hair and nail day, our always-popular waffle bar, pet therapy visits, and a special boutique. We even relocated our bird feeders so everyone can enjoy the view.

Next month, we are excited to expand our weekly schedule! Alongside our staples—Tuesday Devotionals, Wednesday Library Day, and Friday Bingo—we are adding more craft sessions and a new Morning Walking Club. Join us for a gentle stroll around the building, where we will check our bird feeders and tend to the plants. We are also planning a special Closet Clean-Out Day. We look forward to welcoming new and returning visitors to all of these fun activities!

A MESSAGE FROM YOUR HIGHLANDS TEAM!



As we celebrate the heart of summer, we want to take a moment to thank our residents, families, and dedicated team members for making our community such a special place. July is a time for sunshine, gatherings, and creating memories, and we are excited for all the activities and events planned throughout the month.



This season reminds us of the importance of connection, community, and enjoying life's simple pleasures. Whether it's spending time with friends, participating in activities, enjoying the outdoors, or sharing stories with loved ones, these moments help make our community feel like home.

We would also like to recognize our incredible staff for their continued compassion, hard work, and commitment to providing exceptional care and service each day. Their dedication helps ensure that our residents can enjoy a safe, comfortable, and enriching environment.

As we celebrate Independence Day and the freedoms we enjoy, let us also take time to appreciate one another and the unique contributions each person brings to our community.

Thank you for being a part of our family. We look forward to a wonderful month filled with laughter, friendship, and summer fun.

Wishing you a safe and happy July!

HIGHLANDS

>>> NEW FRIENDLY FACE



JOHN RICHARDSON



DONNA BAGNELL



DENISE RUTLEDGE

HIGHLANDS

HIGHLIGHTS



HIGHLANDS

ACTIVITIES



A message from the Activities Director: Welcome to another exciting month at Highlands! I love this time of year because it brings so many opportunities for us to gather and celebrate. This month, we are thrilled to host our Family Day and welcome your loved ones into our community. We will also be honoring the 4th of July with a community cookout filled with laughter and great food. Between our big events, be sure to check out the daily calendar to try the many fun new games we are introducing this month. Thank you for always bringing your best smiles to our activities—let's make it a wonderful month together!

PERSONAL CARE CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 10 AM- Patriotic Crafting Corner 2PM- Ring Toss 5PM- Jokes	2 10AM- Parachute Planets 11:50AM- Space Ranger Training 2PM- Snowcones with Erica from Willowbrook	3 11:50AM- Bingo 12:50 PM- 4 th of July Cookout	4 th of July	5 Activity Sheets
6 9AM Bingo w/ Daniel from Tapestry 10AM- Monday Morning Chronicles 2PM- Music on the Patio	7 10 AM-Devotional w/ David from Tapestry 2PM-Birdhouse Building 5PM- Trivia	8 10AM- Birdhouse Painting 12PM-Hangman 2PM- Birthday Party w/ Tracie from Willowbrook	9 10AM- Balloon Volleyball 11:50AM- Crafting Corner Hot Air Balloons 2PM- Activity with Anity	10 9:50AM- Pretty Hair with Erica from Willowbrook 11:50AM- Bingo 1:50PM- Popcicles on the Porch with Pruitt	11 Big Summer Bash	12 Activity Sheets
13 Activity Sheets	14 10 AM-Devotional w/ David from Tapestry 11:50AM- Noodle Ball 2PM- Matching Game	15 10AM- Clowning Around 2PM- The Sweet Lab 4PM- Library	16 10AM-Crafting Corner 1PM- Balloon Bounce 2PM- Lemonade Social	17 10AM- Hula Hoop Basketball 11:50AM- Bingo 2PM-Snowcones w/ Amber from Piedmont	18 Activity Sheets	19 Activity Sheets
20 8:30AM- Closet Clean Outs 10AM- Monday Morning Chronicles 2PM- Ice Cream Floats	21 10 AM-Devotional w/ David from Tapestry 11:50AM- Noodle Ball 2PM-Music w/ Wesley Corder	22 10AM- Movie with Popcorn 2PM- The Sweet Lab	23 9:50AM- Pretty Hair with Erica from Willowbrook 1:50PM- Fishing 2PM- Nail Painting	24 11:50AM- Bingo 12:50PM- Birthday Party w/ Daniel from Tapestry 2PM-Karaoke	25 Activity Sheets	26 Activity Sheets
27 10AM- Monday Morning Chronicles 11AM- Guess That Shark 2PM- Shark Show	28 10 AM-Devotional w/ David from Tapestry 1PM- Shark Week Trivia 2PM- Taco Bar With Homespun	29 10AM- Ocean Window Suncatchers 2PM-Barlow History Library Visit	30 10AM- Seashell Painting 1:50PM- The Sweet Lab 2:50PM- Feed The Shark	31 11:50AM- Bingo 1:50PM- Popcicles on the Porch with Pruitt 2:50PM- Resident Council		

HIGHLANDS DID YOU KNOW??



Pretty Hair!

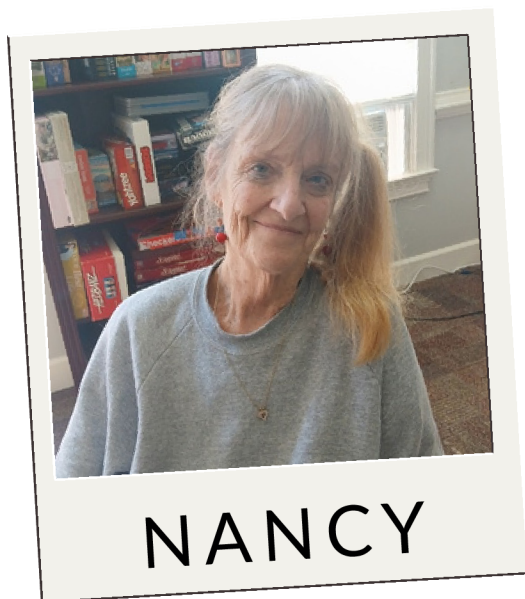
We are happy to inform everyone that Erica from Willowbrook will be with us twice this month to give haircuts! She will be here on the 10th and the 23rd at 9:30AM!



Bingo With Daniel from Tapestry

Start your week with some fun! Join us for a lively game of Bingo with Daniel from Tapestry on Monday, June 6th at 9:00 AM. We can't wait to see you there—get ready to yell 'Bingo!'"

HAPPY BIRTHDAYS



Staff Birthdays

Pamela Zion-Hayes- July 6th



HIGHLANDS

>>> HOT SHOTS



Rockstar Resident

Nancy Queen

We are thrilled to announce Nancy Queen as our rockstar Resident of the Month! Nancy has spent her life in service to others, building a remarkable career as a Registered Nurse that included specialized work in Cardiothoracic Surgery. A proud graduate of the University of Georgia, she also brought her high energy to the court playing basketball throughout her school years. Today, Nancy brings that same vibrant spirit to our community. She is an avid reader, loves gardening, and jumps into our daily activities with enthusiasm. One of Nancy's favorite passions is makeup artistry, and she frequently shares her talents to help her fellow residents feel absolutely beautiful. When she is relaxing, you can find her cuddling with her beloved cat, Frankie.

Thank you, Nancy, for bringing so much joy, care, and glamour to our community!



Employee of the Month

Sharon Ponders

We are thrilled to celebrate Sharon Ponders as our Employee of the Month! In her seven months with us, Sharon has brought so much joy and warmth to our team. She consistently goes above and beyond, stepping in to help anyone who needs a hand and brightening our days with a positive attitude—and the absolute best peach cobbler! We are incredibly grateful to have her.

MEET THE TEAM!



Haven Easterwood
Administrative Assistant
haven.e@highlands.care



Chantel Barnette
Marketing Director
chantel.b@highlands.care



Alofia Fiaputa
Resident Care Coordinator
fia.a@highlands.care



Nikki Tidwell
Activities Director
nikki.t@highlands.care



Raelynn Brinson
Dietary Manager
email@highlands.care



Ed McDaniel
Maintenance

At the heart of our community is a dedicated management team committed to making this place feel like home. From daily operations to special events and personalized care, our team works behind the scenes (and often front and center!) to ensure every resident feels safe, heard, and valued.