



HIGHLANDS

SENIOR LIVING & HOME HELPERS



WHO WE ARE

Highlands is your family away from home. We care for each resident as the unique individual they are and cater to their needs. We provide family-oriented environment dedicated to providing tender, quality care to the elderly.

This is a bridge from independence to the time when your loved once need more supervised care. Our primary focus and priority is our residents harmonious, happy, healthy and highly affordable living environment and their physical emotional and mental health.

We offer a range of activites to keep their body and mind stimulated and active.

WHAT WE OFFER

- ✓ 24 hour staff
- ✓ Periodic Checks
- ✓ Daily Activities
- ✓ Transportation
- ✓ Medication Management
- ✓ Assist with ADLs
- ✓ Housekeeping and laundry services
- ✓ In House Physician Services, PT, OT, ST, dental, podiatry
- ✓ Balanced meals tailored to each individual residents needs

Where happy and healthy meets highly affordable living.



680 Holcomb Bridge Rd, Norcross, GA 30071



770-368-0292

ASSISTED LIVING SERVICES & AMENITIES

At Highlands Senior Living Norcross, we are dedicated to building a positive community through empathy, respect, and a commitment to excellence. We strive to create a warm and welcoming environment where residents can live life to the fullest while feeling engaged, honored, and fulfilled every day.

Our community offers personalized assistance tailored to each resident's unique needs, comfortable accommodations with private bathrooms, and a caring atmosphere that truly feels like home. We believe every resident deserves dignity, independence, and meaningful opportunities to connect, grow, and enjoy life.

At Highlands Senior Living Norcross, we are more than a community—we are family, providing compassionate care and support in a place residents are proud to call home.

Residence Features

- Small studio, large studio, studio deluxe and companion suite floor plan options
- 24-hour supervised emergency response system
- Individually controlled thermostat
- Wifi

Resident Care Services and Amenities

- Concierge services
- Assistance with activities of daily living such as bathing, daily hygiene, dressing and transferring
- Additional assistance to meals and activities
- Discreet personal care
- Medication management assistance
- Personalized care plans, reviewed every 6 months and on an as-needed basis by our Resident Care Coordinator
- Restaurant-style full service dining
- Physical, occupational and speech therapies
- Salon and barber shop
- Well-rounded activities program
- Pet-friendly community
- Scheduled transportation for local appointments and outings within a 10 mile radius
- Weekly full-clean and linen/ laundry service. Everyday light housekeeping
- Med-tech support available 24/7; medication management
- Emergency response system and security system supervised 24/7
- Maintenance services



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MEMORY CARE SERVICES & AMENITIES

At Highlands Senior Living Norcross, Our community offers personalized assistance tailored to each resident's unique needs, comfortable accommodations with private bathrooms, and a caring atmosphere that truly feels like home. We understand that every individual's journey is different, which is why our care evolves alongside their changing needs, ensuring the right level of support at every stage.

We provide cognitive support programs designed to encourage engagement, independence, and meaningful connections. Through purposeful activities and personalized experiences, we celebrate each resident's individuality, interests, and life story while promoting overall wellbeing and quality of life.

Our trained and licensed professionals are available 24 hours a day to provide compassionate care, supervision, and support. Families can have peace of mind knowing their loved ones are in a safe, secure, and nurturing environment where their health, happiness, and dignity are our highest priorities.

At Highlands Senior Living Norcross, we are more than a senior living community—we are a family. We are committed to providing exceptional care, meaningful relationships, and everything families need to feel confident that their loved ones are receiving the support, respect, and attention they deserve in a place they are proud to call home.

Residence Features

- Studio, studio deluxe and companion suite floor plan
- Emergency response system in each bathroom
- Individually controlled thermostat
- 24-hour supervision by specially trained staff
- Wifi

Resident Care Services and Amenities

- Personalized memory care plans designed and reviewed quarterly and on an as-needed basis by our Resident Care Coordinator by working closely with the resident's physicians.
- Assistance with bathing and daily hygiene and dressing by trained memory care associates
- Medication assistance and management
- Continence care
- Secured and monitored entry and exit doors and fenced in courtyard
- In-house physical, occupational and speech therapies
- Well-rounded activities program
- Opportunities for physical, intellectual, social and spiritual enrichment
- Recreational and social programming and events tailored to individual enrichment
- Scheduled transportation for local appointments and outings
- Weekly full-clean and linen service. Everyday light housekeeping
- Emergency response and security system supervised 24/7
- 3 meals daily + snacks
- Access to medical doctor, visiting dentists, visiting podiatrists, PT, ST, OT services
- Salon and barber shop



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RESPIRE CARE SERVICES AND AMENITIES

Happy, Healthy and Highly Affordable

At Highlands Senior Living, we offer respite care and short-term stays designed to provide families and caregivers with peace of mind while ensuring their loved ones receive exceptional care. Whether a caregiver needs a well-deserved break, a family is traveling, or a loved one is recovering from a hospital stay, our community provides a safe, supportive and engaging environment.

Guests enjoy comfortable accommodations, nutritious home-cooked meals, medication management, personalized assistance with daily activities and access to a variety of social, recreational, and wellness programs. Our compassionate team is available 24 hours a day to provide the care and support needed for a successful day.

With respite care at Highlands Senior Living, families can rest knowing their loved one is safe, comfortable and treated like family.

Residence Features

- 2 week minimum stay
- Studio, studio deluxe and companion suite floor plan options
- 24-hour supervised emergency response system
- Individually controlled thermostat
- Wifi access
- Concierge services

Resident Care Services and Amenities

- Assistance with activities of daily living (bathing, transferring, etc.)
- Medication management and assistance as needed
- Restaurant-style full service dining
- Well-rounded activities program
- Pet-friendly
- In house physical, occupational and speech therapies
- Salon and barber shop
- Scheduled transportation for local appointments and outings within a 10 mile radius
- Weekly full-clean and linen and laundry service. Everyday light housekeeping
- Emergency response and security system supervised 24/7
- Maintenance service



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REFERRAL PROGRAM

Old Friends New Neighbors

Know anyone exploring retirement living?
We would love to welcome them to our
community!!

Get/\$500 credit

after their first month in the community as
our resident and your neighbor!!

Help Your Friends and Get a Bonus!





HIGHLANDS

SENIOR LIVING & HOME HELPERS



Respite Care

Whether you are the family or a caregiver who needs a break or our loved one needs extra care while recovering from a recent hospital visit, our Highlands Senior Living team has you covered.

We provide a positive environment with highly committed team who takes care of your loved one for you to have peace of mind

CHOOSE US FOR:

- Compassionate Care Staff
- Certified medical technicians
- Restaurant Style Meals
- Daily Fun Activities
- 2 week minimum stay

*Respite care starts
at \$150 a day!
Daily, weekly and
monthly specials
are available for
longer stays!*



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HOME HELPERS

ABOUT US

Highlands Senior Living is expanding its services to assist with your daily activities all from the comfort of your own home. Our skilled and qualified staff, working across our senior living facilities are dedicated to offering compassionate care as if you were a beloved member of our own family.

OUR SERVICES

Personal Care Assistance

- Assistance with daily living including
 - Bathing, Dressing, Grooming, Toileting
- Medication Reminders
- Health monitoring using advanced tools
- Post surgical care (mobility support)

Companionship And Social Wellness

- Friendly companionship, conversation and shopping
- Assistance with technology
- Engaging activities like puzzles and reading to keep the mind active

Meals And Activities

- Help with meal preparation and feeding for optimal nutrition
- Light house keeping and household assistance

LET US TAKE CARE OF YOU IN THE COMFORT OF YOUR OWN HOME!

WHY CHOOSE US?

- ✓ 24 hour care
- ✓ Verified, trained and certified professionals
- ✓ Specially trained in Memory Care
- ✓ Building meaningful relationships with your families
- ✓ Daily updates and reports
- ✓ Advanced health monitoring tools

ROME

1168 Chulio Rd, Rome, GA 30161

CARTERSVILLE

16 Roving Rd, Cartersville, GA 30121

JEFFERSON

50 Sumner Way, Jefferson, GA 30549

NORCROSS

680 Holcomb Bridge Rd, Norcross, GA 30071



678-280-4670



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www.highlandshelpers.com



HIGHLANDS VITAL CONNECT

PREDICT
PREVENT
PROTECT

WHAT IS HIGHLANDS VITAL CONNECT?

Highlands Vital Connect is an innovative digital health platform that keeps resident health information organized, accessible, and easy to share. Through a secure patient portal and mobile app, residents and their loved ones can stay informed and connected at all times.

HOW IT WORKS

- Resident data is uploaded to the patient portal
- Residents and families can access information through a mobile app
- Data can be shared with physicians and other healthcare providers

BENEFITS

- Real-time updates to important health information
- Efficient and informed communication across residents, families, and healthcare providers
- Provides peace of mind for families

*KEY STUDY FINDINGS



IMPROVED OVERALL BP

Over half of residents (55.9%) improved in both systolic and diastolic blood pressure.



FEWER HIGH-RISK RESIDENTS

Stage 2 hypertension dropped from 32.8% to 19.8% after 12 months.



MORE RESIDENTS IN HEALTHY RANGE

Normal and high-normal BP increased from 37.9% to 51.6%, showing overall improvement.

