



HIGHLANDS

SENIOR LIVING & HOME HELPERS



WHO WE ARE

Highlands is your family away from home. We care for each resident as the unique individual they are and cater to their needs. We provide family-oriented environment dedicated to providing tender, quality care to the elderly.

This is a bridge from independence to the time when your loved ones need more supervised care. Our primary focus and priority is our residents' harmonious, happy, healthy and highly affordable living environment and their physical, emotional and mental health.

We offer a range of activities to keep their body and mind stimulated and active.

WHAT WE OFFER

- ✓ 24 hour staff
- ✓ Periodic Checks
- ✓ Daily Activities
- ✓ Transportation
- ✓ Medication Management
- ✓ Bathing and grooming assistance
- ✓ In House Physician Services
- ✓ Housekeeping and laundry services
- ✓ Balanced meals tailored to each individual residents needs

Where happy and healthy meets highly affordable living.



16 Roving Rd, Cartersville, Ga 30121



770-382-8989

ASSISTED LIVING SERVICES & AMENITIES

At Highlands Senior Living Cartersville, we are dedicated to building a positive community through empathy, respect, and a commitment to excellence. We strive to create a warm and welcoming environment where residents can live life to the fullest while feeling engaged, honored, and fulfilled every day.

Our community offers personalized assistance tailored to each resident's unique needs, comfortable accommodations with private bathrooms, and a caring atmosphere that truly feels like home. We believe every resident deserves dignity, independence, and meaningful opportunities to connect, grow, and enjoy life.

At Highlands Senior Living Cartersville, we are more than a community—we are family, providing compassionate care and support in a place residents are proud to call home.

Residence Features

- Studio, studio deluxe and companion suite floor plan options
- 24-hour supervised emergency response system
- Individually controlled thermostat
- Wifi

Resident Care Services and Amenities

- Assistance with activities of daily living such as bathing, daily hygiene and dressing
- Additional help with transfers and assistance to meals and activities
- Discreet personal care when needed
- Medication management assistance
- Personalized service plans, reviewed quarterly and on an as-needed basis by our Resident Care Coordinator
- Restaurant-style full service dining
- In-house physical, occupational and speech therapies
- Well-rounded activities program
- Pet-friendly
- Scheduled transportation for local appointments and outings
- Weekly full-clean and linen service. Everyday light housekeeping
- Med-tech support available 24/7
- Emergency response and security system supervised 24/7



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RESPIRE CARE SERVICES AND AMENITIES

At Highlands Senior Living, we offer respite care and short-term stays designed to provide families and caregivers with peace of mind while ensuring their loved ones receive exceptional care. Whether a caregiver needs a well-deserved break, a family is traveling, or a loved one is recovering from a hospital stay, our community provides a safe, supportive and engaging environment.

Guests enjoy comfortable accommodations, nutritious home-cooked meals, medication management, personalized assistance with daily activities and access to a variety of social, recreational, and wellness programs. Our compassionate team is available 24 hours a day to provide the care and support needed for a successful day.

With respite care at Highlands Senior Living, families can rest knowing their loved one is safe, comfortable and treated like family.

Residence Features

- Studio, studio deluxe and companion suite floor plan options
- 24-hour supervised emergency response system
- Individually controlled thermostat
- WiFi

Resident Care Services and Amenities

- Assistance with activities of daily living
- Additional help with transfers and assistance to meals and activities
- Medication management and assistance as needed
- Restaurant-style full service dining
- Well-rounded activities program
- Pet-friendly
- In house physical, occupational and speech therapies
- Scheduled transportation for local appointments and outings
- Weekly full-clean and linen service. Everyday light housekeeping
- Emergency response and security system supervised 24/7



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REFERRAL PROGRAM

Old Friends New Neighbors

Know anyone exploring retirement living?
We would love to welcome them to our
community!!

Get/\$500 credit

after their first month in the community as
our resident and your neighbor!!

Help Your Friends and Get a Bonus!





HIGHLANDS

SENIOR LIVING & HOME HELPERS



Respite Care

Whether you are the family or a caregiver who needs a break or our loved one needs extra care while recovering from a recent hospital visit, our Highlands Senior Living team has you covered.

We provide a positive environment with highly committed team who takes care of your loved one for you to have peace of mind

CHOOSE US FOR:

- Compassionate Care Staff
- Certified medical technicians
- Restaurant Style Meals
- Daily Fun Activities
- 24/7 and Friendly Neighbors

*Respite care starts
at \$150 a day!
Daily, weekly and
monthly specials
are available for
longer stays!*



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HOME HELPERS

ABOUT US

Highlands Senior Living is expanding its services to assist with your daily activities all from the comfort of your own home. Our skilled and qualified staff, working across our senior living facilities are dedicated to offering compassionate care as if you were a beloved member of our own family.

OUR SERVICES

Personal Care Assistance

- Assistance with daily living including
 - Bathing, Dressing, Grooming, Toileting
- Medication Reminders
- Health monitoring using advanced tools
- Post surgical care (mobility support)

Companionship And Social Wellness

- Friendly companionship, conversation and shopping
- Assistance with technology
- Engaging activities like puzzles and reading to keep the mind active

Meals And Activities

- Help with meal preparation and feeding for optimal nutrition
- Light house keeping and household assistance

LET US TAKE CARE OF YOU IN THE COMFORT OF YOUR OWN HOME!

WHY CHOOSE US?

- ✓ 24 hour care
- ✓ Verified, trained and certified professionals
- ✓ Specially trained in Memory Care
- ✓ Building meaningful relationships with your families
- ✓ Daily updates and reports
- ✓ Advanced health monitoring tools

ROME

1168 Chulio Rd, Rome, GA 30161

CARTERSVILLE

16 Roving Rd, Cartersville, GA 30121

JEFFERSON

50 Sumner Way, Jefferson, GA 30549

NORCROSS

680 Holcomb Bridge Rd, Norcross, GA 30071



678-280-4670



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www.highlandshelpers.com



HIGHLANDS VITAL CONNECT

PREDICT
PREVENT
PROTECT

WHAT IS HIGHLANDS VITAL CONNECT?

Highlands Vital Connect is an innovative digital health platform that keeps resident health information organized, accessible, and easy to share. Through a secure patient portal and mobile app, residents and their loved ones can stay informed and connected at all times.

HOW IT WORKS

- Resident data is uploaded to the patient portal
- Residents and families can access information through a mobile app
- Data can be shared with physicians and other healthcare providers

BENEFITS

- Real-time updates to important health information
- Efficient and informed communication across residents, families, and healthcare providers
- Provides peace of mind for families

*KEY STUDY FINDINGS



IMPROVED OVERALL BP

Over half of residents (55.9%) improved in both systolic and diastolic blood pressure.



FEWER HIGH-RISK RESIDENTS

Stage 2 hypertension dropped from 32.8% to 19.8% after 12 months.



MORE RESIDENTS IN HEALTHY RANGE

Normal and high-normal BP increased from 37.9% to 51.6%, showing overall improvement.

